
INVESTIGATION OF AFTERTHOUGHTS THROUGH ART, NATURAL AND SOCIAL SCIENCE MY SELF "AFTER THOUGHTS"

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ABSTRACT

Introduction: This article explores afterthoughts on a canvas by depicting portraits of self and natural scenes. The portraits on the canvas are comprised of the reflection of clouds, the reflection of the inner self in water and landscape in the water, and the portrayal of clouds, sky, and trees. The objective of this study is to analyze the results of works of art that are related to the natural sciences and social self of a painter. **Method:** The nature of this research is analytical, as the discussion and analysis are purely interpreted according to social points of view. The portraits have been analyzed within the paradigms of the concept of afterthoughts. Some articles, books, and opinions related to my research have been used as secondary data to get a deep understanding of the topic. **Result:** The study further investigates how the portraits on the canvas reflect one's inner self, life story, and thoughts by getting influenced by natural scenes and sceneries, as these paintings are the amalgamation of a careful process of imagination and thinking about a particular scene. The portrayals on the canvas are depicted after an organized discerning and contemplation. **Conclusion:** the study concludes that the process of afterthoughts has immense significance in terms of the expressions of feelings, thoughts, and emotions of people because art is such a great and effective tool that can be used to paint someone's inner reality, mindset, and overall story of life.

Keywords: Self, Afterthoughts, Art, Natural Beauty, Portraits on Canvas.

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INTRODUCTION

Since childhood, man has been greatly influenced by the beauty of landscapes and portraits in the form of various kinds of paintings and scriptures (Langford, 2013). Therefore, my first project is based on the reflection of my inner self and afterthoughts on a canvas and what I feel about the natural scenes and sceneries. The portrait and reflection on the canvas describe the story of life and thoughts. I have painted so many portraits, but this portrait is different from all of them. The land, sky, trees, grass, and some other attractive figures all are natural things that have attracted a person, and I have tried to reflect emotions and thoughts in the form of a portrait. First, the ideas come into my mind, and then I put them on the canvas as an image. The process of thinking and imaging while drawing any portrait is very important and should be taken care of as Shakti Gawain, in his book *Reflections in the Light: Daily Thoughts and Affirmations* mentions that "Sit or lie down in a comfortable position. Take a few long, slow, deep breaths and relax your body and mind. Now imagine yourself doing, having, or experiencing whatever it is that you want" (Gawain, 2016). In this

way, the artist can help himself to work efficiently as he starts believing that "it is already happening, as if it is true, now. You might see a mental picture of it or get a feeling or a sense of what it would be like for you if this wish came true. Let yourself enjoy the experience" (Gawain, 2016).

The artwork tells the viewer that art is everywhere in nature (Osborne, 2013). If we see the clouds, we can see so many colors of shadows that change according to the condition of the weather. When the sunlight passes through the clouds, we can see the clear reflection of clouds in the water, which becomes a beautiful scene as it attracts the observer. A unique portrait is produced when sunlight affects the clouds (Minnaert, 2013). The intensity of sunlight makes clear reflections; in the same way, I have also depicted this scene on canvas through my ability of art (Gibson & Ewing, 2020). I have reflected thoughts and imagination on the canvas in the form of a sunlight scene in the water that I have mentioned above. Reflection indirectly represented afterthoughts in my work. As I like the landscape very much therefore the painted the landscape in the reflection of water in the portraits. These portraits are shown in the discussion and analysis section.

Roy Abraham Varghese, in his famous book *There is Life After Death*, points out that the physical existence is also important, including the imagination, as he states that "The physicality will say that the idea of being conscious without a physical brain or seeing without a visual cortex is nonsensical, and so the notion of an afterlife is an oxymoron. This is clearly where one's worldview kicks in. The same physic list can neither demonstrate that consciousness is produced by the brain nor begin to explain the phenomena of the self and conceptual immaterial thought" (Bhattacharya, 2013).

These all are afterthoughts. So, indirectly clouds reflection in the painting represent three stages I can only think of. Being Muslim, we believe in life after death, but we don't imagine how that life we will spend or how it will be that life (Corr et al., 2018). The second artwork is mixed in different mediums on canvas; in this artwork, a portrait and landscape reflection in the water. Reflection represented the afterthought, and reflection of the green grass represented life. In his book *Bruce Lee: Artist of Life*, John Little states that "In life, we accept naturally the full reality of what we see and feel in general with no shadow of a doubt" (Lee, 2018). Philosophy, however, does not accept what life believes; it strives to convert reality into a problem. The next part of this assignment discusses the available literature related to the topic. The purpose of this study is to analyze the results of works of art that are related to the natural sciences and social self of a painter.

METHOD

This assignment is carried out using some specific kinds of materials as well as methods. As far as the elements of materials are concerned, I have used a canvas on which the oil paints have been used to portray different paintings. The nature of this research is analytical, as the discussion and analysis are purely interpreted according to social points of view (Vaismoradi et al., 2013). The portraits have been analyzed within the paradigms of the concept of afterthoughts. Some articles, books, and opinions related to my research have been used as secondary data to get a deep understanding of the topic (Bell et al., 2022). It is also important to mention that this research work is based on a theoretical perspective, and the nature of the research is purely qualitative.

RESULTS AND DISCUSSION

This assignment section considers the interpretations and analysis of afterthoughts about the paintings portrayed on canvas. It is important to mention that all portraits are depicted on canvas after the process of imagination and thinking about a particular scene. This scene is expressed and painted as a reflection of feelings, creativity, and afterthoughts. Three artworks are portrayed to present the idea and process of afterthoughts.

The first portrait is about a natural scene on the canvas in which the reflection of inner thoughts, feelings, emotions, and afterthoughts have been reflected. The story of life in the form of thoughts is painted in the first picture. This piece of art is unique compared to the other paintings. The first portrait is the following:

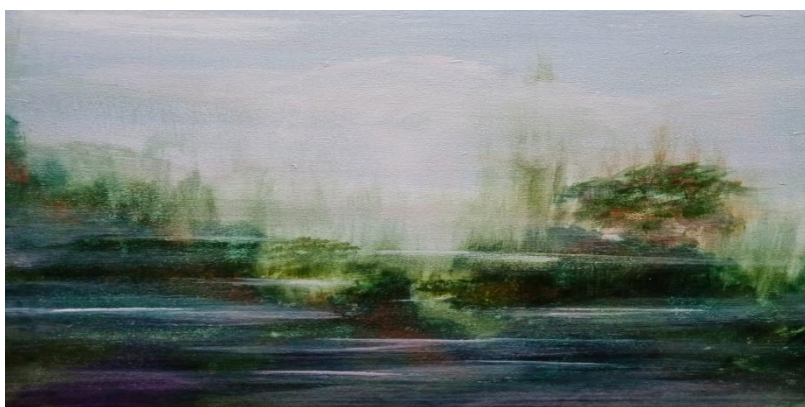


Figure 1. The portrait that is reflecting afterthoughts about a landscape, water, and clouds

The above picture is the indirect reflection of afterthoughts painted in water, landscape, and a narrow view of clouds. This site has always attracted me because some things, such as clouds, beautiful landscapes, and water reflections, have always been a source of pleasure for a person. First, I imagined this scene carefully by following the rules of thinking about something then I put it on a canvas. I believe that the reflection of anything can be presented as a painting as an act of afterthought. This portrait can be analyzed symbolically as it gives life's hidden meanings and realities. In this portrait on the canvas, I have painted my self-thoughts, expressing my feelings and emotions. The things I see in the water can be understood as my afterthoughts. I have painted this picture on canvas because natural landscapes have always attracted me mentally and physically. I like such kinds of scenes to make my inner self comfortable. I love such kinds of natural scenes.

(Lynch, 2010), His article entitled Reflections on Water mentions the same points I have discussed in the above paragraph. He also believes that "Water, either in dynamic or static form, has an immense attraction for the lover of nature" (Lynch, 2010). While talking about the importance of water in the beauty of the landscape, Lynch argues that "the most beautiful landscape seems scarcely complete without it" (Lynch, 2010). The reflection of landscape or clouds in water fascinates the artist, so it becomes inevitable for them to create a new kind of world with specific meanings.

Furthermore, his thesis Spatial Phenomenon of Reflection Effect in Landscape Design, points out that "water and light together are endlessly fascinating" (Ure, 2013). Similarly, (Secor, 2013), in his thought-provoking discussion on the reflections of clouds and landscapes in water, claims that

"Water's quiet reflections add refreshing color and sparkle to your paintings" (Secor, 2013) because "reflections, subdued by water, have an otherworldly look" (Secor, 2013). An appealing yet innovative world can be analyzed and embedded with new meanings; these meanings can be related to the reflection of afterthoughts.

The second portrait, related to the expression and reflection of my inner feelings and emotions, is also presented as a piece of art portrayed as afterthoughts. The second portrait is the following:



Figure 2. The portrait reflects clouds, sky, and trees as afterthoughts with specific meanings

In this portrait, my afterthoughts are related to different ideas from the first picture and mean something different. This time the focus is on the sky and clouds compared to the landscape. The larger area in the form of a sky represents the afterthoughts of my vast imagination as an artist. It can be said that an artist's mind possesses a vast degree of imagination compared to other people in society. Different layers of clouds represent the various thoughts that come into the mind of an artist. I have added the tree segment because I love greenery, which is my source of inspiration. Whenever I look at something green, it relaxes my mind and eyes.

In the round painting, there are clouds and a bit of grass reflection painted. I have chosen the round canvas to paint clouds' reflections. The layers of clouds can be easily seen in the painting. There are three types of cloud layers high-level clouds: cirrocumulus, mid-level clouds: altocumulus, and low-level clouds: cumulus (Barbieri et al., 2017). All the clouds are not created. Equally, some clouds are puffy and sweet, others are grey uniform, and others are so erratic that the human mind starts to see things (Hamblyn, 2017). I am relation layers of clouds after the thought of the stages of my life like birth, death, and life after death.

My third and last portrait reflects my afterthoughts with particular meanings and symbols. Although the natural touch has been given in the form of water and my reflection in the water, the most significant part of this painting is my picture. My third portrait is the following:



Figure 3. The portrait with my reflection in it represents my afterthoughts symbolically

Like the other two paintings, this portrait expresses my imagination and afterthoughts, including some touch of feelings and emotions. The portrait depicts my reflection in the deep water. My self-reflection in the portrait is presented symbolically because the reflection of my face in the deep water is not my face but my afterthoughts on the canvas. The depth of the water is the depth of my thoughts in which I remain busy almost always. This depth also expresses the deep and long process of my thinking and imagination about the reality of various things in this world. From the portrait, it can be observed that the reflection in the water is not static but dynamic.

The waves in the portrait are symbolically representing the movement of my life that I am currently spending. As water is used to grow seeds, plants, and other things in this world, in the same way, my presence in this world is to help others live a better and happy life. Similarly, the water in the portrait is dynamic. Therefore, my life is also a struggle to help people. Like water, I shall never give up and get disappointed when difficulties come my way as water also faces some stones as a hurdle but passes through them by changing its course. I also intend to change my strategies for fulfilling my goals, but I will never give up. One way or the other, I shall continue to serve people.

CONCLUSION

The story of my life has been depicted through the portrait and reflection on the canvas. I have painted many portraits, but this portrait was a little different compared to the other paintings I have portrayed in my career as a student of art. In the portraits, the land, sky, trees, grass, and some other attractive figures all are natural things that have attracted me, and I have tried to reflect my emotions and thoughts in the form of a portrait. I reflected my thoughts and imagination on the canvas as a sunlight scene in the water I mentioned above. Reflection indirectly represented afterthoughts in my work. As I like the landscape very much, I have painted the landscape in the reflection of water in the portraits. My first portrait is about a natural scene on the canvas in which my inner thoughts, feelings, emotions, and afterthoughts have been reflected. The second portrait, related to the expression and reflection of my feelings and emotions, is also presented as a piece of art portrayed in the form of afterthoughts. My third and last portrait also reflects my afterthoughts with some meanings and symbols. Although the natural touch has been given in the form of water and my reflection in the water, the most significant part of this painting is my picture. In short, it can

be stated that the process of afterthoughts has great significance regarding people's feelings and emotions. Art is a great tool to paint someone's inner reality and mindset.

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